

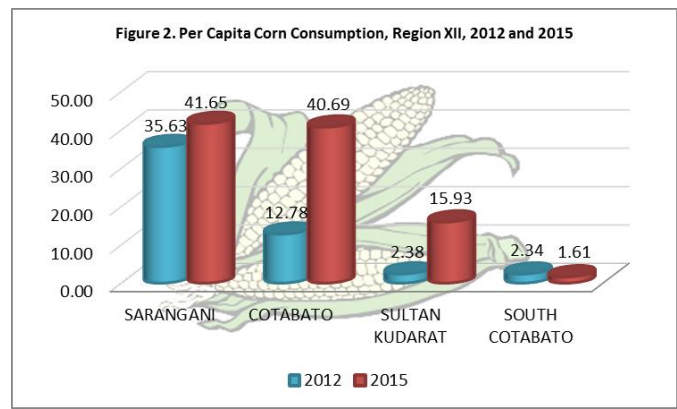
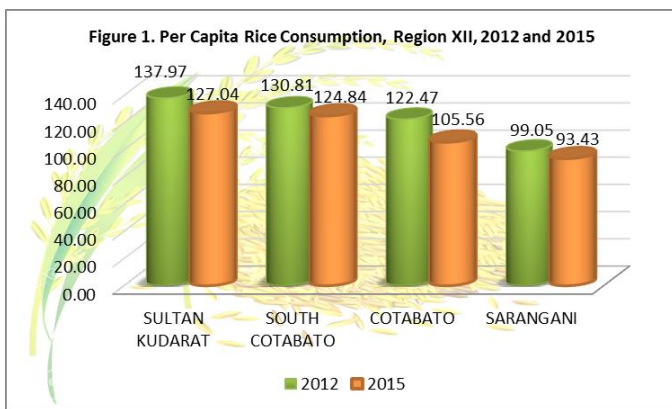
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R12-SR2017-09

SFDAC 2012, 2015 SOCCSKSARGEN REGION

RICE AND CORN

Sultan Kudarat had the highest per capita consumption of rice and corn in the region



In SOCCSKSARGEN Region, the average per capita consumption of rice in 2015 was estimated at 113.94 kilograms per year. This was 9.21 percent lower compared to the 2012 per capita consumption of 125.50 kilograms. Across the provinces, the biggest rice consumption per person was noted in Sultan Kudarat at 127.04 kilograms per year. It was least consumed in Sarangani at 93.43 kilograms per person per year. All provinces posted decreases in rice consumption in 2015.

The regional consumption of corn was registered at 24.42 kilograms per person annually. Unlike rice, corn consumption increased heavily by 140.84 percent in the region in the same year. A significant increase in consumption was noted in Sultan Kudarat at 568.61 percent. Consumption across the provinces ranged from a low of 1.61 kilograms in South Cotabato to a high of 41.65 kilograms in Sarangani.

ROOT CROPS

Cassava was most consumed among the root crops

Table 1. Per Capita Consumption of Root Crops, All Barangays, Region XII, 2012 and 2015

Commodities	SOCCSKSARGEN		Percent Change	COTABATO		SARANGANI		SOUTH COTABATO		SULTAN KUDARAT	
	2012	2015		2012	2015	2012	2015	2012	2015	2012	2015
Sweet Potato		3.65			2.67		3.90		3.21		5.96
Cassava	3.24	3.98	22.70	3.12	4.99	5.09	4.26	3.26	1.27	2.27	5.82
Gabi	1.64	1.13	(30.93)	2.41	1.37	0.98	0.85	1.16	0.42	1.65	1.89
White Potato	0.30	0.15	(50.99)	0.18	0.08	0.21	0.16	0.38	0.21	0.41	0.17

Note: Figures are in kilograms

The region's annual per capita consumption of cassava averaged at 3.98 kilograms. Sweet potato was consumed at an average of 3.65 kilograms. Other root crops such as gabi and white potato were taken in smaller amounts at 1.13 kilograms and 0.15 kilogram, respectively. Decreases in consumption of Gabi (30.93%) and White Potato (50.99) were seen in the region while Cassava posted an increase of 22.70 percent in 2015.

Sultan Kudarat reported the biggest consumption of cassava at 5.82 kilograms. Per capita consumption of gabi was high at 1.89 kilograms in Sultan Kudarat. White potato was eaten in South Cotabato at 0.21 kilogram per annum. Significant decreases in the consumption of white potato were noted in all provinces of the region. Only Sultan Kudarat posted an increase in per capita consumption of Gabi. For Cassava, Sarangani and South Cotabato registered lesser consumption than in 2015.

VEGETABLES, LEGUMES AND CONDIMENTS

Most of the vegetables, legumes and condiments posted decreases in consumption in 2015

Table 2. Per Capita Consumption of Vegetables, Legumes and Condiments, All Barangays, Region XII, 2012 and

Commodities	SOCCSKSARGEN		Percent Change	COTABATO		SARANGANI		SOUTH COTABATO		SULTAN KUDARAT	
	2012	2015		2012	2015	2012	2015	2012	2015	2012	2015
Ampalaya	2.36	2.10	(11.08)	2.80	1.95	1.67	1.68	2.20	1.55	2.42	3.44
Eggplant	5.44	5.38	(1.05)	6.27	4.67	5.11	5.62	4.87	4.86	5.32	7.32
Chayote	1.07	0.84	(21.90)	1.99	0.70	0.58	0.58	0.67	0.78	0.69	1.35
Gourd	1.11	0.82	(26.68)	1.88	0.79	0.71	0.76	0.80	0.92	0.75	0.75
Squash	4.34	3.77	(13.05)	6.26	2.82	3.96	3.51	3.20	2.78	3.55	7.13
Okra	1.28	1.43	11.91	1.30	0.81	1.35	1.46	1.25	1.19	1.24	2.91
Carrots	0.26	0.31	18.22	0.28	0.14	0.28	0.24	0.24	0.64	0.24	0.17
Cabbage	0.70	0.49	(29.60)	0.61	0.36	0.55	0.42	0.67	0.64	0.94	0.58
Pechay	0.72	0.78	8.31	1.26	0.90	0.45	0.38	0.39	0.79	0.64	0.80
Stringbeans	2.11	1.81	(14.15)	2.73	1.31	1.60	1.42	1.70	1.96	2.15	2.78
Habichuelas	0.06	0.08	26.98	0.09	0.01	0.01	0.03	0.10	0.14	0.01	0.17
Mongo	0.82	0.70	(14.55)	1.44	0.83	0.80	0.75	0.31	0.27	0.71	1.05
Tomato	4.19	3.58	(14.43)	4.78	2.52	2.90	3.37	4.38	4.95	3.87	3.72
Onion	2.49	2.20	(11.49)	2.91	1.75	2.10	2.39	2.34	2.56	2.36	2.41
Garlic	1.00	0.81	(19.52)	1.47	0.71	0.74	0.55	0.96	0.78	0.59	1.20

Note: Figures are in kilograms

The highly consumed vegetables in SOCCSKSARGEN Region were Eggplant at 5.38 kilograms, Squash at 3.77 kilograms and Tomato at 3.58 kilograms. For other vegetables, regional per capita consumption ranged from a low of 0.08 kilogram for Habichuelas to a high of 2.20 kilograms for Onion. Per capita consumption of Habichuelas, Carrots, Okra and Petchay was higher in 2015.

Top consuming provinces were Sultan Kudarat for Eggplant at 7.32 kilograms and for Squash at 7.13 kilograms and South Cotabato for Tomato at 4.95 kilograms. Meanwhile, Cotabato registered decrease in consumption of all vegetables, legumes and condiments as compared to the consumption patterns in 2015.



FRUITS

Saba and other varieties of Banana were the most popular fruits in the region both in 2012 and 2015

Table 3. Per Capita Consumption of Fruits, All Barangays, Region XII, 2012 and 2015

Commodities	SOCCSKSARGEN		Percent Change	COTABATO		SARANGANI		SOUTH COTABATO		SULTAN KUDARAT	
	2012	2015		2012	2015	2012	2015	2012	2015	2012	2015
Banana (except saba)	16.37	10.43	(36.27)	25.05	9.96	15.19	15.85	12.61	7.34	10.51	12.27
Saba	14.23	11.88	(16.47)	20.19	12.18	17.78	14.14	10.78	5.19	8.83	19.51
Mango, Ripe	4.26	3.89	(8.57)	6.48	4.70	3.61	3.29	2.58	1.25	4.00	6.59
Pineapple	2.10	1.31	(37.45)	1.47	0.58	2.33	1.66	2.33	1.76	2.50	1.81
Papaya, Ripe	4.88	3.13	(36.00)	4.83	2.76	6.33	4.57	4.91	2.41	4.04	3.90
Calamansi	0.84	0.85	1.19	0.95	0.75	0.98	1.17	0.73	0.65	0.77	1.12

Note: Figures are in kilograms



Saba Banana was the most popular fruit in the region having a yearly per capita consumption of 11.88 kilograms. Other varieties of Banana came next at 10.43 kilograms. In the case of other fruits, average annual consumption of Mango was estimated at 3.89 kilograms, Papaya (ripe) at 3.13 kilograms, Pineapple at 1.31 kilograms and Calamansi at 0.85 kilogram. However, per capita consumption of Banana Saba and other varieties was lower when compared to the per capita consumption in 2012. Only Calamansi registered an increase at 1.19 percent.

In Sultan Kudarat, around 20 kilograms of Saba were consumed by person per year. Other varieties of Banana were largely consumed in Sarangani at 15.85 kilograms. Similarly, Sultan Kudarat had bigger consumption of Mango at 6.59 kilograms and Pineapple at 1.81 kilograms. Papaya and Calamansi were eaten more in Sarangani at 4.57 kilograms and 1.17 kilograms, respectively. Per capita consumption in Cotabato and South Cotabato posted decreases in all fruit commodities.

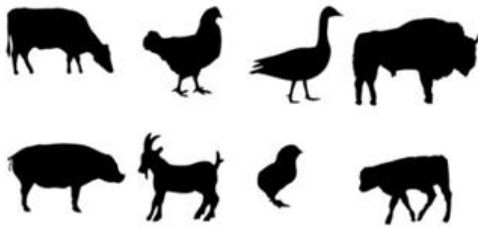
LIVESTOCK AND POULTRY

Per capita consumption of all livestock and poultry decreased in 2015

Table 4. Per Capita Consumption of Livestock and Poultry, All Barangays, Region XII, 2012 and 2015

Commodities	SOCCSKSARGEN		Percent Change	COTABATO		SARANGANI		SOUTH COTABATO		SULTAN KUDARAT	
	2012	2015		2012	2015	2012	2015	2012	2015	2012	2015
Pork	7.56	6.29	(16.88)	8.77	4.49	5.79	4.63	7.14	8.82	7.57	7.05
Beef	1.28	0.99	(22.40)	1.39	0.34	1.43	1.03	1.08	1.93	1.31	0.84
Carabeef	0.04	0.15	264.29	0.06	-	0.08	0.14	0.03	0.33	0.00	0.20
Chevon	0.39	0.07	(81.84)	0.83	0.04	0.51	0.07	0.08	0.14	0.17	0.04
Chicken	5.80	4.93	(15.08)	6.88	4.45	5.62	4.32	4.58	5.15	6.19	5.89
Duck	0.47	0.45	(4.86)	0.15	0.29	0.31	0.25	0.44	0.86	1.07	0.29
Chicken Egg (in pcs)	64.83	53.72	(17.13)	80.66	54.48	45.11	36.54	58.63	57.91	63.74	57.33
Duck Egg (in pcs)	6.03	4.77	(20.90)	1.95	4.07	1.35	1.16	4.19	3.41	17.12	10.35

Note: Figures are in kilograms



Among the livestock products, the annual per capita consumption of Pork was the highest at 6.29 kilograms. It was mostly eaten in South Cotabato at an average of 8.82 kilograms. However, previous year's consumption was still higher by 16.88 percent. Minimal consumption was recorded for Beef at 0.99 kilogram, Carabeef at 0.15 kilogram and Chevon (goat) at 0.07 kilogram.

For poultry products, per capita consumption estimate was higher for Chicken at 4.93 kilograms while for Duck, it was low at 0.45 kilogram. Consumption of Chicken was higher in Sultan Kudarat at 5.89 kilograms and that of Duck, at 0.86 kilogram in South Cotabato. Decreases in per capita consumption of poultry products in the region were observed from 2015 level.

In the case of eggs, yearly consumption per person of chicken eggs reached 54 pieces and duck eggs at around 5 pieces. These were lower compared to 2012 consumption of 64 pieces and 6 pieces, respectively. Per capita consumption of chicken eggs was highest in South Cotabato at about 58 pieces per year while those of duck eggs were higher in Sultan Kudarat at 10 pieces per year. Significant decreases in per capita consumption of Chicken Eggs (17.13%) and Duck Eggs (20.90%) were noted in 2015.

FISH AND OTHER MARINE PRODUCTS

Roundscad and Tuna were heavily consumed in the region

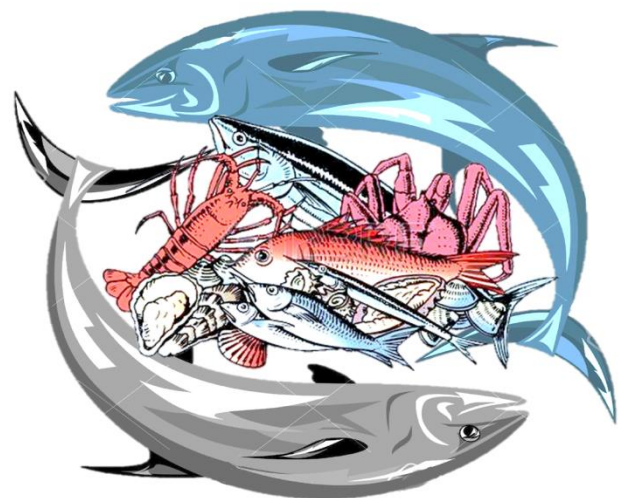
Table 5. Per Capita Consumption of Livestock and Poultry, All Barangays, Region XII, 2012 and 2015

Commodities	SOCCSKSARGEN		Percent Change	COTABATO		SARANGANI		SOUTH COTABATO		SULTAN KUDARAT	
	2012	2015		2012	2015	2012	2015	2012	2015	2012	2015
Milkfish	3.84	2.93	(23.64)	4.71	3.03	2.99	1.63	3.03	2.87	4.30	3.66
Tilapia	5.92	3.35	(43.53)	4.26	3.07	2.12	1.05	6.28	3.11	10.01	5.66
Roundscad	3.91	4.57	16.75	2.64	3.39	9.89	8.83	4.23	3.31	1.60	5.81
Tuna (all species)	5.15	5.11	(0.72)	4.76	2.86	5.48	8.57	4.54	5.27	6.37	6.85
Dalagang bukid	0.19	0.26	39.04	0.16	0.11	0.64	0.42	0.01	0.28	0.21	0.41
Shrimp	0.23	0.24	2.62	0.18	0.10	0.18	0.21	0.19	0.34	0.38	0.35
Mussels	0.30	0.32	7.36	0.14	0.18	0.22	0.14	0.67	0.24	0.03	0.82

Note: Figures are in kilograms

Tuna (all species) was eaten in larger quantities at 5.11 kilograms per year while regional consumption of Roundscad was estimated at 4.57 kilograms. Annual consumption of other fish and marine products were noted at 3.35 kilograms for Tilapia, and 2.93 kilograms for Milkfish. Less than a kilogram of consumption was noted for Mussels, Dalagang Bukid and Shrimp. On the other hand, Tilapia, Milkfish, and Tuna (all species) decreased in per capita consumption at 43.53 percent, 23.64 percent and 0.72 percent, respectively. The minimal decrease in tuna (all species) was contributed by the 40 percent lesser consumption in Cotabato while the declines in Tilapia and Milkfish were due to the reduction in per capita consumption of all provinces except Sultan Kudarat.

Sarangani was the top consumer of Tuna (all species) at 8.57 kilograms, Roundscad (Galunggong) at 8.83 kilograms and Dalagang Bukid at 0.42 kilogram. In Sultan Kudarat, higher consumption was recorded for Milkfish at 3.66 kilograms and Tilapia at 5.66 kilograms. The province also consumed more of Shrimps and Mussels at 0.35 kilogram and 0.82 kilogram, respectively.



NOODLES

Consumption of noodles decrease in 2015

Table 6. Per Capita Consumption of Noodles, All Barangays, Region XII, 2012 and 2015

Commodities	SOCCSKSARGEN		Percent Change	COTABATO		SARANGANI		SOUTH COTABATO		SULTAN KUDARAT	
	2012	2015		2012	2015	2012	2015	2012	2015	2012	2015
Bihon or Sotanghon	1.17	0.69	(40.91)	1.70	0.48	1.45	0.61	0.74	0.49	0.89	1.43
Pasta	0.10	0.05	(48.45)	0.11	0.00	0.22	0.18	0.04	0.06	0.09	0.04
Canton	0.36	0.24	(34.08)	0.64	0.37	0.85	0.56	0.11	0.06	0.03	0.04
Fresh Miki	0.39	0.18	(54.62)	0.74	0.15	0.22	0.13	0.29	0.16	0.16	0.29
Instant Noodles	2.14	1.76	(17.73)	2.39	1.65	1.81	1.75	1.84	1.65	2.44	2.15
Rice Noodles	0.07	0.08	15.38	0.05	0.11	0.03	0.02	0.05	0.10	0.12	0.01

Note: Figures are in kilograms

Regional consumption of Instant Noodles was estimated at 1.76 kilograms per year. Provincial consumption was highest in Sultan Kudarat at 2.15 kilograms. This year's average per capita consumption in the region was 17.73 percent lower compared to the 2012 per capita consumption of 2.14 kilograms. All provinces posted decreases in consumption of noodles. Meanwhile, among the Noodles, only Rice Noodles posted an increase in consumption at 15.38 percent.

Other noodles were consumed in minimal amounts ranging from 0.05 kilogram for Pasta to 0.70 kilogram for Bihon or Sotanghon in 2015.



BREAD

Consumption level of Pandesal was higher than the other breads

Table 7. Per Capita Consumption of Bread, All Barangays, Region XII, 2012 and 2015

Commodities	SOCCSKSARGEN		Percent Change	COTABATO		SARANGANI		SOUTH COTABATO		SULTAN KUDARAT	
	2012	2015		2012	2015	2012	2015	2012	2015	2012	2015
Pandesal	76.17	85.68	12.48	82.43	65.01	133.73	58.63	37.53	53.90	88.47	187.11
Sliced / loaf bread	1.74	3.80	118.21	1.75	3.84	2.19	2.41	1.56	4.13	1.72	4.14
Buns	48.00	41.56	(13.42)	94.20	22.56	21.30	140.43	37.15	19.54	16.00	44.91


Note: Pandesal and buns are in pieces, Slice/loaf bread in packs

In 2015, per capita consumption of Pandesal and Sliced/loaf bread increased by 12.48 percent and 118.21 percent respectively while Buns posted a 13.42 percent decrease in the same year. Annual per capita consumption levels of Pandesal and Buns in the region were around 86 pieces and 42 pieces, respectively. Sliced/loaf bread was consumed at around 4 packs per person per year.

Pandesal was heavily eaten in Sultan Kudarat at about 187 pieces per year while Buns were consumed more in Sarangani at around 140 pieces per year. More than four (4) packs of Sliced/loaf Bread were consumed per capita in Sultan Kudarat and North Cotabato.



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